

Military families move on average every 2-3 years, but that doesn't mean you and your family must miss out on WIC benefits while settling into your new home.



Your WIC benefits can move with you from duty station to duty station.

Tips to help make that transition as smooth as possible:

- 1** Let your current WIC office know that you will be moving
- 2** Get a copy of your verification of certification from your outbound WIC office
- 3** Find the office nearest your next duty station with the WIC locator tool at [signupwic.com](https://www.signupwic.com)
- 4** Schedule an appointment to set up your WIC program benefits at your new location

! **REMINDER:** You cannot apply for WIC at your next duty station until you arrive in the state but there are no minimum residence requirements for WIC benefits. Even if you do not have a permanent address at your new duty station, please contact your local WIC office to schedule an appointment to discuss your individual situation.



USDA Food and Nutrition Service. (2023). Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). <https://www.fns.usda.gov/wic>

Websites:
<https://www.fns.usda.gov/wic/who-gets-wic-and-how-apply#Moving>