



**CVS Health and MFAN Expand Nationwide Support for Military Families
Navigating Frequent Moves**

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Expansion—announced during Military Appreciation Month as part of CVS Health’s Service Made Simpler initiative—delivers immediate, practical support when families need it most

WASHINGTON, D.C. — The Military Family Advisory Network (MFAN), in collaboration with CVS Health, today announced the expansion of its PCS Pantry Restock Box program to four new communities: Hampton Roads, VA; Tampa, FL; San Diego, CA; and the Seattle/Tacoma region.

The expansion is part of CVS Health’s **Service Made Simpler** initiative, reflecting a shared commitment to meeting military families with real support at one of the most disruptive moments in their lives: a required move to a new duty station.

Military families relocate every two to three years on average, often with little time to prepare and significant out-of-pocket costs. These moves can interrupt access to basic essentials like food, household supplies, and pharmacy services—creating immediate stress during an already complex transition.

MFAN’s PCS Pantry Restock Box program is designed to meet that moment. Each box provides approximately \$150 worth of essential pantry and household items upon arrival, helping families settle in faster and focus on what matters most.

“Military families don’t get to choose when or where they move—but they carry the full weight of starting over each time,” said Shannon Razzadin, Chief Executive Officer of MFAN. “This program exists to close that gap between arrival and stability. Through our collaboration with CVS Health, we’re able to show up in a consistent, meaningful way—so families don’t have to navigate those first days alone, and we can stay in touch with them, connecting them to the information that they will need as their new duty station becomes their new community.”

This next phase of expansion is supported in part by a challenge grant from CVS Health, which is covering approximately half the cost of launching each new location—designed to accelerate growth while inviting additional partners to help scale the model to more communities over time.

The expansion builds on an ongoing collaboration between MFAN and CVS Health and reflects a broader commitment by CVS Health to support military and veteran families through multiple programs with best-in-class nonprofits nationwide.

As one of the largest healthcare companies in the United States, CVS Health brings a unique combination of national reach and local presence—enabling the company to meet families in the communities where they live, work, and move. Through Service Made Simpler, CVS Health is focused on reducing everyday barriers and improving access to essential services, including during periods of transition like military moves.

“At CVS Health, we focus on meeting military families at the moments that matter most,” said Len Shankman, Executive Vice President and President, Pharmacy and Consumer Wellness at CVS Health. “Through our work with MFAN and our Service Made Simpler initiative, we are helping ease the challenges of relocation while connecting families to the care, resources, and support that strengthen stability over time.”

The expansion builds on rapid program growth and strong demand nationwide. Since launching in 2023, the PCS Pantry Restock Box program has served over 6,000 military families at Fort Hood, Fort Bliss, Camp Lejeune, MCAS New River, and MCAS Cherry Point with locations selected based on MFAN data identifying high-volume move regions and elevated need.

That need is significant. MFAN research shows that more than one in four (27.7%) active-duty military families experience food insecurity. Among families who have moved recently, that number rises to more than half (51.6%).

In addition to receiving a Pantry Restock Box, participating families may qualify for additional grocery support for up to three months—helping bridge the gap between arrival and financial stability.

As the program expands coast to coast, it represents more than growth—it reflects a scalable, data-informed approach to supporting military family wellbeing. By pairing real-time insights with on-the-ground delivery, MFAN and CVS Health are working together to ensure families have what they need, when and where they need it.

To learn more about MFAN’s PCS Pantry Restock Box program, visit www.mfan.org.

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About the Military Family Advisory Network (MFAN)

The Military Family Advisory Network is a national nonprofit dedicated to understanding and responding to the needs of military-connected families through trusted research, collaborative partnerships, and direct programmatic support. MFAN is home to the Military Family 360 Survey, the nation’s largest independent study of military families, and provides immediate assistance to tens of thousands of households each year. Learn more at www.mfan.org.