

The Military Family 360°

2025 KEY SURVEY FINDINGS

The 2025 Military Family 360° Survey examines how economic stability, health care access, employment, community connection, and family functioning together strengthen military families and, in turn, the sustainability and readiness of the force.

10,089
RESPONDENTS

71.2%
OF RESPONDENTS
WERE CURRENTLY
SERVING

80.4%
ENLISTED
FAMILIES

TOP RESPONDENT BRANCHES:

52.8%
ARMY

20.4%
AIR FORCE

15.8%
NAVY

ACROSS ALL
50 STATES,
D.C. & OCONUS

ECONOMIC STABILITY

84.4%
FACE A
HOUSING
BURDEN

34.1% OF CURRENTLY SERVING
FAMILY RESPONDENTS
REPORTED HAVING **<\$500**
IN AN EMERGENCY SAVINGS FUND, OR NO FUND AT ALL

41.2% REPORTED LOW OR
VERY LOW FOOD SECURITY

57.7%
IDENTIFIED



RISING GROCERY PRICES
AS THE TOP BARRIER TO SAVING \$



HEALTH CARE

HEALTH CARE APPOINTMENT ACCESS EXPERIENCE

AMONG CURRENTLY SERVING FAMILY RESPONDENTS

43.3%
POSITIVE/VERY POSITIVE



27.1%
NEGATIVE/VERY NEGATIVE



THE MILITARY SPOUSE WAS THE MOST FREQUENTLY IDENTIFIED HOUSEHOLD MEMBER
NEEDING EMERGENCY MENTAL HEALTH CARE



AND THE MOST FREQUENTLY CITED **INDIVIDUAL EXPERIENCING SUICIDAL IDEATION**

EMPLOYMENT



29.9% OF ACTIVE DUTY SPOUSES WERE **UNEMPLOYED**
AN INCREASE FROM 21.8% IN 2023



57.6% OF ACTIVE DUTY FAMILY RESPONDENTS REPORTED THAT **INSUFFICIENT CHILD CARE**

IMPACTED EMPLOYMENT STATUS OR OPPORTUNITIES FOR THEMSELVES OR THEIR SPOUSE

COMMUNITY CONNECTION



75% OF ACTIVE DUTY FAMILY RESPONDENTS **PCS'D IN THE LAST TWO YEARS**



60.1% PAID OVER \$1,000 BEYOND WHAT WAS REIMBURSED

FAMILY FUNCTIONING



INVISIBLE FAMILY LOAD

CARRIED BY NEARLY **ALL RESPONDENTS**

BUT IT DOES NOT FALL EQUALLY ACROSS SUBPOPULATIONS



49.2% OCCUPY A **MODERATE** FAMILY WELL-BEING ZONE

PUBLIC SERVICE | MILITARY MOTIVATION | IDENTITY & SPIRITUALITY

BUFFER AGAINST STRAIN AND FOSTER FLOURISHING

RECRUITMENT & RETENTION



 **61.3%** **WOULD RECOMMEND** A MILITARY CAREER

RIISING FROM **57.6%** IN 2023

THOUGH STILL BELOW **74.5%** IN 2019