

“The expectations gap is what separates families”

Source: MFAN 2026 National Profile of Currently Serving Military Families

69.5%

would recommend a military career to someone they care about

Source: MFAN 2026 National Profile of Currently Serving Military Families



Families deserve clarity about what this life will ask of them and about the support they can count on.

Source: MFAN 2026 National Profile of Currently Serving Military Families



Areas respondents said fell below expectations

62.5% → Spouse/partner career opportunities

55.8% → Work-life balance

51.9% → Mental health support

Source: MFAN 2026 National Profile of Currently Serving Military Families

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47.2%

report low or very low food security

Source: MFAN 2026 National Profile of Currently Serving Military Families



50.6%

of respondents with children said insufficient child care affected household employment

Source: MFAN 2026 National Profile of Currently Serving Military Families





Sustaining families’ confidence in military life is shared work.

Source: MFAN 2026 National Profile of Currently Serving Military Families

FINANCIAL PRESSURES FACING MILITARY FAMILIES

88.7% → Spent at least 30% of household income on housing and utilities

47.2% → Report low or very low food security

50.6% → Of respondents with children say insufficient child care affected household employment

Source: MFAN 2026 National Profile of Currently Serving Military Families

Military Family Advisory Network